**IKO ITC Candidate Application Form**

**Please read the Prerequisites then answer Yes or No if you have the level or not.**

|  |  |  |  |
| --- | --- | --- | --- |
| Prerequisites you must have: | Answer Yes / No | Yes I have it: | No I don’t have it: |
| You must be able to read, write and speak fluently in the language the course is given. |  | You are fine to continue with the ITC. | You will not be able to follow all of the content in the ITC and you will not pass the written Exam and fail the ITC. Find an ITC in your preferred language. |
| You must have a kiteboard riding level equal to IKO level 3.N to enter AITC or Level 4.9 to pass the ITC.  Please write your level.  (See IKO levels below) |  | If you have one, show your IKO Kiteboarder’s Card to your Examiner. If you don’t have an IKO card you will be asked to perform level 4 skills during the ITC. If you think you have the level but no IKO card answer “Yes” | You will be asked to perform level 4 skills on demand during the ITC, some of the skills in level 4 will be learnt during the AITC but you should already be a confident rider. If you don’t pass the riding test you will have to do a internship after the course. |
| If you are taking the ITC only you must have completed IKO Assistant Instructor certification.  (AITC) |  | Give a copy of your AITC Certificate and your IKO Assistant Instructor ID Number to your examiner on the first day of the ITC. | Sign up for a 2 week Instructor Course with Kite Club. You can do an AITC before the ITC if there is one scheduled. |
| You must have a valid First Aid and CPR certificate not older than 2 years. |  | Give a copy of a valid First Aid CPR certificate to your examiner on the first day of the ITC. | Book the MFA First Aid CPR course or the complete 2 Week course. This Certificate is valid for 2 years. |
| Have an IKO free user account and pay your course fees on the IKO website. |  | Log in and make a note of your ID number and write it into the field below along with your email you used. | Go to: <https://www.ikointl.com/>  And click JOIN NOW. Check your email, create your password and complete your profile. |
| Pay the course fees to Kite Club |  | Send this application to jon@kiteclub.com to confirm your spot on the course, he will send you a Paypal invoice. | You must pay for the full course to secure your spot. Places are limited and we can’t hold spots without payment. |
| Be at least 16 years old for AITC and 18 for ITC and have personal Insurance. |  | You are fine to continue with the ITC, you’ll be asked to sign a waiver before you start the course. Make sure you have travel and accident insurance valid for Kitesurfing. | Take the IKO AITC (min age 16) or an ITC when you’re 18+ Special arrangements can be made if you are turning 18 in 6 months or less. |

**Please complete the form below with your information.**

|  |  |
| --- | --- |
| **Surname (last name)** |  |
| **Name (first name)** |  |
| **Email (used for IKO account)** |  |
| **Date of birth (dd/mm/yy)** |  |
| **Address** |  |
| **City** |  |
| **ZIP** |  |
| **Country** |  |
| **Phone** |  |
| **Your IKO I.D number** |  |

**If you are missing any of the Prerequisites you may need to take additional courses. Please answer YES if you need to sign up for the course or NO if you already have the level or Certificate. Go here to check available course dates:** [**http://www.kiteclubcabarete.com/iko-instructor-courses-info.html**](http://www.kiteclubcabarete.com/iko-instructor-courses-info.html)

**Individual Classes**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Course** | **Start date** | **Location** | **Cost** | **Yes / No** |
| **IKO Assistant Instructor PLUS** |  | Kite Club Cabarete | $550 |  |
| **MFA first aid CPR course** |  | Kite Club Cabarete | $80 |  |
| **IKO Instructor Training Course** |  | Kite Club Cabarete | $970 |  |
| **Or select a Complete Package** | | | | |
| **2 week Instructor Training Course** |  | Kite Club Cabarete | $1,499 |  |
| **6 week Instructor Training Course** |  | Kite Club Cabarete | $3,990 |  |

**Full Payment must be paid to both kite club and IKO secure your place on this ITC.**

**Please send payment by PayPal to the account: payment@kiteclubcabarete.com**

**Complete this form and email to Jon Dodds:** [**jon@kiteclub.com**](mailto:jon@kiteclub.com)

**Please email us all your First Aid Certificates, IKO Assistant Certificates or any other relevant information before the start of the course.**

**We recommend staying at Kite Beach Inn right next to Kite Club, we have rooms with nightly rates of $49.00 - $79.00 per night**

**IMPORTANT INFORMATION**

**What you need to bring:**

* **You must have your own travel, accident or health Insurance that covers any injuries resulting from Kitesurfing or while participating in the course.**
* **A change of clothes for water/beach activities and dry clothes for class work.**
* **A towel, sunscreen, hat, sunglasses, rash guard.**
* **Your Harness with a safety leash and safety knife.**
* **You must have a waterproof watch.**
* **Bring your own Kites & Board for the rider evaluation test and free riding sessions.**
* **You must bring your own Helmet & Buoyancy Aid**
* **Bring a pen and notepad for classwork.**
* **A laptop or tablet to complete the AITC online exam.**
* **Your IKO ID number and any Certificates you need to show to your Examiner.**

**TEACHING EQUIPMENT** is provided for the IKO Instructor Training ONLY. No school equipment can be used for free riding sessions outside of the course schedule.\* You should bring your own Harness for teaching scenarios plus your Kites and Board for your own personal riding sessions and the rider evaluation test. If you don’t have a big enough kite we will provide gear for the Riding Evaluation Session.*(\*Except the 6 week courses, when ALL equipment is provided for the duration of your training*

**Schedule:**All Courses start at 9.00 am at Kite Club Cabarete.   
Please arrive 15 minutes early.   
AITC is 5 days depending, 9.00 – 5.30 daily  
First Aid is a ½ day 9.00 – 12.00  
Instructor training course 5 days 9.00-5.30 daily.   
We may run late some days depending on the wind.

**Training:**  
• Safety   
• Practical environment  
• Analysis  
• Technique   
• Teaching psychology  
• Teaching in live situation  
• Student certification  
• Communication

**Certification**  
By the end of the course, an instructor must be able to:   
• Provide the appropriate equipment to his student and adapt it  
• Develop communication and teaching techniques that allow the students to understand and perform the required task  
• Recognize and manage the mental state of his student  
• Evaluate his students before the lesson  
• Evaluate the reason for failure of the student and provide information to help him improve  
• Manage his teaching area and anticipate the dangers (obstacles, passer-by, other students and instructors)  
• Teach the proper use of safety equipment  
• Perform rescues for students & other ocean users (if necessary)  
• Self evaluate his professional weakness and strength after having taught in live situation  
• As observer during a teaching live situation, identify an instructor candidate’s professional weakness or strength  
• Describe the key point of an exercise to enable the student to do it  
• Certify a student with the Kiteboarder card  
• Deal with own stress tiredness  
• Be a good role model  
• Obtain a minimum rate of 70% on the written exam

**Mandatory Instructor Equipment**

**For IKO Assistant & Instructor Course Candidates**

You must come to your AITC or ITC equipped with all your own personal gear and Kiteboarding equipment ready for teaching:

**You must bring your own personal safety gear:**

* Harness with a handle on the back
* Kite Safety Leash (with Quick release)
* Flotation device – Impact Vest or CGA Vest
* Helmet
* Line Cutter

**You must bring your essential Instructor gear:**

* A waterproof wristwatch.
* Board Shorts & Rash Guard.
* Neoprene Top or Shorty Wetsuit. (Winter only)
* Sunglasses, Sunblock and Hat.
* A towel and a dry change of clothes for the classroom.
* A laptop computer for accessing the AITC online exam.
* A pen, pencil and notebook for classwork.

**You must come with your own Kiteboarding Equipment**

**Kites & Bar**

* At least 2 Kites for you to ride in winds of 15 to 25 knots.
* For example 9m and 12m or 7m and 10m if you are a lighter rider.
* If you have one bring a light wind kite also, for wind under 15 knots.
* Kite Bar with Safety systems, one that allows self-rescue.

**Board**

* A Twin-tip board with foot-straps.
* No strapless surfboards or Twin tips with boots.

**Equipment supplied by the host Kite School**

**For IKO Assistant & Instructor Courses**

The kite school will provide all the safety gear and kiteboarding equipment needed for beginner students during live teaching sessions. As well as bars set up with short lines and smaller kites for use by candidates for teaching practice.

If an Instructor Candidates is missing any of the Mandatory Instructor Equipment then they should contact the host school prior to the AITC or ITC to see ask if they can rent the gear from the school to complete the training.

**PREREQUISITES**

**2 week IKO Instructor Course $1499**

Week 1 IKO Assistant Instructor Course PLUS, MFA First Aid CPR Course  
Week 2 IKO Instructor Course Level 1.

**6 Week IKO Instructor Course $3990**

Weeks 1,2,3 & 4 pre training (Instruction & Equipment) to get you up to the required entry level for the IKO Instructor Training program.  
Week 5 IKO Assistant Instructor Course, First Aid CPR Course  
Week 6 IKO Instructor Course Level 1

**Prerequisites: IKO Instructor Level 1**

* Be at least 18 years old,
* Have a valid IKO Assistant Instructor certification,
* Have a valid first aid and CPR,
* Sign the ITC candidate waiver and participation form.
* Must be able to read and write in the language the course is given (English)

**Prerequisites: IKO Assistant Instructor Course**

* Be at least 16 years old (candidates under 18 years old must obtain parental consent),
* Be certified as an IKO Member Level 3N or have an equivalent level. To access the ITC, you have to demonstrate the requested skills during the AITC-Plus. To make sure your riding skills can be evaluated during the AITC-Plus, you can bring a video of you demonstrating these requested skills. This in case there is not enough wind during the course to perform the riding test.
* Must be able to read and write in the language the course is given (English)

**Prerequisites: 6 week IKO Instructor course**

* Be at least 18 years old
* Must be IKO Level 2 Kiteboarder
* Must be able to read and write in the language the course is given.

|  |  |
| --- | --- |
| Level 1 | Discovery |
| A | S.E.A. (Spot, Environment, Activity) Assessment |
| Holding, Carrying and Securing a Kite on Land |
| Kite Set Up |
| B | Safety Systems Use |
| Pre-Flight Check |
| C | Launching and Landing as an Assistant |
| First Piloting and Explore the Wind Window's Edge |
| Let Go of the Bar |
| Twist and Untwist the Lines |
| D | Flying One-Handed |
| Trim Discovery |
| Walking While Flying the Kite |
| Launching and Landing as a Pilot |
| Wind Window Theory |
| E | In flight Quick Release Activation |
| Self-Landing |
| Equipment Packing |
| Level 2 | Intermediate |
| F | Enter and Exit the Water While Controlling the Kite |
| Water Relaunch |
| G | Side Body-drag with 2 Hands |
| Body-drag with Power Stroke on Both Sides |
| H | Body-drag Upwind |
| Body-drag with the Board |
| Self-Rescue and Pack Down Discovery |
| I | R.O.W. Rules Introduction |
| Steady-pull |
| Water-start |
| Level 3 | Independent |
| J | Controlled Stop |
| Control of Riding Speed by Edging |
| K | Riding Upwind |
| L | Sliding Transitions |
| M | Toe-Side Riding |
| Toe-Side Turn |
| N | Self-Launching |
| Self-Rescue and Pack Down in Deep Water |
| Level 4 | Advanced |
| 1 | Basic Jump |
| 2 | Jibe |
| 3 | Jump with Grab |
| 4 | Rider Recovery |
| 5 | Board Recovery |
| 6 | International Kiteboarding Signs and ROW |
| 7 | Equipment |
| 8 | Weather and Tides |
| 9 | Aerodynamics |